

Free Yourself...
NOW!

find relief from stress, discomfort, anxiety and pain

MASSAGES

Swedish Back, Neck & Shoulder Massage 30 min R 230.00
Invigorates Swedish massage movements to increase blood flow. It eliminates toxins and releases muscle tension.

Swedish Full Body Massage 60 min R 400.00
From the soles of your feet to the crown of your head, this full body massage will deeply relax your body and mind.

Hot Stone Back, Neck and Shoulder Massage 30 min R 320.00
Volcanic heated lava stones in combination with Swedish massage movements will penetrate into the core of the muscle, leaving you with ultimate relaxation. Helps with poor blood circulation and anxiety.

Hot Stone Full Body Massage 60 min R 450.00
Indulge yourself in a full hour of ultimate relaxation.

Sports / Deep Tissue Massage 45 min R 380.00
A combination of specialized movements that work deep in the muscle to release all toxins. We focus on areas of the body that are over used and stressed from repetitive and vigorous movements. This is an excellent massage for athletes, runners and body builders.

Reflexology 45 min R 300.00
Reflexology works on the premise that all organs in the body have reflexes in the feet. By stimulating these reflexes we are stimulating the body to heal itself. Using these ancient techniques our therapists will bring your body into a state of relaxation.

Shea Aromatherapy 30 min R 280.00
100% Pure Essential Oils are used to restore tight and tensed muscles. This massage stimulates the nerve endings of the skin and improves texture. You will leave feeling rejuvenated and relaxed.

Lymph Drainage 30 min R 240.00
Lymphatic drainage, increases blood circulation and aids in removing of toxins and waste from the body

Leg & Foot Massage 30 min R 290.00
Specialized massage techniques are used to increase blood circulation, aids in lymphatic drainage

Indian Head Massage 20 min R 150.00
Special techniques are used in the neck area to stimulate nerve endings. Pressure pointing on the head help relieve tension and headaches. Improves the ability to concentrate and assists in sleep related problems

Pricelist April 2016

SHAPE & BEAUTY
THE FAT FREEZE CLINIC

Shop 23B, Kings Court Shopping Centre,
Walmer Heights, Port Elizabeth

Tel: 041 368 9816
E-mail: claudia@thefatfreezeclinic.co.za
Web-page: www.thefatfreezeclinic.co.za
Facebook: TheFatFreezeClinic

FACIALS

Esse Booster Mini 30 min R 210.00
100% Organic Skin Care Facial- deep cleansing, exfoliating, facial massage, pressure pointing, moisturize.

Healing Earth Anti-Ageing 45 min R 360.00
Cleanse, deep exfoliating, Ozone steam, Anti-Ageing facial mask, facial massage, moisturize, Ant-Ageing Serum (choice of hand or foot massage included)

ENVIRON® VITAMIN FACIALS

Environ® Express Vitamin Therapy 30 min R 250.00
Pre-cleanse, cleanse, tone, antioxidant serum, moisturize & SPF

Environ® Ultimate Vitamin Therapy 90 min R 540.00
Pre-cleanse, Ozone steam, exfoliate, cleanse, tone, Active serum Col Gel, Alginate mask, moisturize & SPF (lonzyme DF Machine treatment)

Environ® Enhancing Vitamin Therapy 60 min R 450.00
Pre-cleanse, Ozone steam, exfoliate, cleanse, tone, Active serum Col Gel, Active serum CQ, Alginate mask, moisturize & SPF (lonzyme DF Machine treatment)

Environ® Deep Cleanse Vitamin Therapy 60 min R 390.00
Pre-cleanse, Ozone steam, exfoliate, cleanse, extraction, tone, Alginate mask, moisturize & SPF (lonzyme DF Machine treatment)

Environ® Purifying Vitamin Therapy 90 min R 490.00
Pre-cleanse, cleanse, tone, Lac Pam, moisturize gel, Alginate mask, moisturize & SPF (lonzyme DF Machine treatment)

Environ® Hands-On Vitamin Therapy 60 min R 350.00
Pre-cleanse, Ozone steam, exfoliate, cleanse, Alpha tone, Active serum massage, Alginate mask, moisturize & SPF (lonzyme DF Machine treatment)

Environ® Precision Facial
targets 2 areas (lonzyme DF Machine treatment) 20 min R 250.00
targets 4 areas (lonzyme DF Machine treatment) 40 min R 390.00

Environ® Teenage Facial 45 min R 250.00
Especially for troublesome teenage skin

PERMANENT HAIR REMOVAL (Energist® VPL Laser Technology)

Female
Upper Lip R 210.00
Chin R 270.00
Underarms R 400.00
Bikini R 450.00
Male
On request after consultation

SIN REJUVENATION (Energist® VPL Laser Technology)

Full Face R 550.00
Face & Neck R 750.00
Face, Neck & Decollete R 1100.00
Hands R 450.00
Pigmentation, Rosacea, Thread Veins on request after consultation

TEETH WHITENING

Pure White Teeth Whitening R 790.00

SLIMMING, WEIGHT LOSS

We specialize in safe, non-surgical & pain free liposuction alternatives and offer the most advanced, well studied and effective slimming technologies available in the world today:

Fat Freezing
Cavitation
5 in 1-Lipo
- Ultrasound
- Electro-lipolysis
- Electro-stimulation
- Laser-lipo
- Lymphatic drainage

After analysis of your In-Body scan results we will design a treatment package most suitable for you to guarantee maximum over-all volume and weight loss results.

FREE YOURSELF...NOW! of stubborn fat, cellulite, fine lines & wrinkles, unwanted body hair, stained teeth...

